

The Christian Ashram Experience

Each Ashram today continues to follow the original format instituted by Dr. E. Stanley Jones. The unique Ashram format offers a break from everyday demands to allow space and time for learning, listening, prayer, reflection, fellowship, and rest. Participants are regular people who love God and seek to be more like Him. Come and experience the renewal and refreshing that a few short days will bring to your heart.

OPEN HEART

Early in the retreat experience, participants gather to express in a heartfelt way the blessings, needs, and spiritual desires that they have coming into the Ashram. This time lays the groundwork for the openness and closeness that will be shared over the next few days. Common questions are: Why am I here? What do I want from God? What do I need from God?

BIBLE STUDY

The Ashram experience is rooted in the practice of listening for God. Each day, a gifted and qualified Bible teacher provides substantive, Scripture-based lessons for reflection and discussion.

REFLECTION/PRAYER GROUPS

These groups offer each Ashram attendee the opportunity to reflect on what they have heard, share what they feel, receive encouragement, and join in prayer for one another in love. These small groups are special times for many since relationships are built as hearts open to share needs.



PRAYER VIGIL

The Prayer Vigil is open every hour for the duration of the Ashram. It is a special place and provides the foundation for God to work on behalf of His people. It is open to everyone.

EVANGELISTIC SERMONS

Opening to God's Spirit and rekindling the fire of our faith is an essential goal of the Ashram experience. Gifted and qualified Christian Ashram evangelists are dynamic, bold, and relevant in their proclamation of the Word.

HEALING AND WHOLENESS

Often a pivotal moment during the retreat, each Ashram includes a time when participants are given the opportunity to receive physical, emotional, mental, and spiritual healing through prayer and community support.

OVERFLOWING HEART

As the Ashram draws to a close, the entire community in attendance gathers to reflect and share how each one has been blessed, challenged, and equipped for continuing growth and ministry during the retreat. This special time of praise to God and encouragement of one another prepares us all to return to our lives ready for what God has for us to do.

~~ Ruston Accommodation Options ~~

- Comfort Inn- \$88/night
- Best Western Suites- \$108/night
- Sleep Inn- \$132/night
- Fairfield Inn- \$139/night
- Hampton Inn- \$190/night
- Hilton Ridge Cabin- \$200/night
- Courtyard Marriott- \$207/night
- Holiday Inn Express- \$224/night

Tentative Ashram Schedule

(all events, including meals, occur at Douglas Church)

Friday, March 28th

- | | |
|---------|--|
| 5:30 pm | Dinner |
| 6:30 pm | Welcome and Worship |
| 6:50 pm | Overview of Christian
Ashram & Open Heart |
| 7:45 pm | Prayer & Reflection Groups |
| 8:15 pm | Ice Cream Social <i>(optional)</i> |

Saturday, March 29th

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|----------|----------------------------------|
| 7:30 am | Morning Watch/ Meditation |
| 8:15 am | Breakfast |
| 9:00 am | Worship & Bible Teaching |
| 10:15 am | Prayer & Reflection Groups |
| 11:00 am | Worship & Evangelist |
| 12:15 pm | Lunch/Mission Project |
| 2:15 pm | Worship & Bible Teaching |
| 3:15 pm | Prayer & Reflection Groups |
| 3:45 pm | Worship/Healing Service |
| 4:45 pm | Overflowing Heart &
Communion |

**NON-REFUNDABLE
REGISTRATION FEE:
\$25.00 PER PERSON**

This fee covers 3 meals (Friday dinner, Saturday breakfast, and Saturday lunch) and other costs associated with the Ashram. It can be transferred to another person if you cannot attend after registering.

**2025 Douglas Church
Ashram Staff**

Director: Jeremy Jones
(Lead Pastor, Douglas Church)

Evangelist: John Kavanaugh
(educator, ordained minister)

Bible Teacher: Bob Utley
(Approved UCA Speaker, veteran
Ashramite and author)

Music: Zeb Payne
(Music Minister, Douglas Church)

*Unfortunately, we will be unable to
provide childcare or activities for
children at this Ashram. We hope to
expand to that with future Ashrams.*



Douglas Church Christian Ashram



**March
28th & 29th,
2025**

**Douglas Church
1642 Hwy 821
Ruston, LA 71270**

**For more
information,
call 318.768.2524**